

SOUPS & SALADS

Petite Salads are Available for \$1.95 less.

Chef's Kettle Creation

~ Our Soups are Made Fresh Daily with Only the Finest Ingredients Cup \$3.50 Bowl \$4.50

♥ Seared Tuna Salad

~ Seared Ahi Tuna, Baby Spinach & Shaved Romaine, Bamboo Shoots, Sesame Crisps, Bean Sprouts, Edamame and Wasabi Dressing \$13.95

♥ Classic Country Salad

~ Mixed Mesclun Greens Topped with Warm Grilled Chicken, Spiced Pecans, Fire Roasted Red Peppers, Dried Cranberries, Crumbled Goat Cheese Accompanied with Clubhouse Rosemary Vinaigrette \$10.95

Calamari Spinach Frisee Salad

~ Crispy Calamari Served Upon Spinach, Frisee, Crumbled Feta, Sliced Black Olives, Julienne Carrots and Vidalia Onion Dressing \$12.95

White Manor Caesar Salad

~ Heart of Romaine Lettuce, Caesar Dressing, Aged Parmesan Cheese, Tomatoes, Garlic Croutons \$8.95 Warm Grilled Chicken add \$3.00, Grilled Jumbo Shrimp add \$4.00

♥ Grilled Turkey Cobb Salad

~ Grilled Medallions of Turkey Breast, Mixed Garden Greens, Aged White Cheddar, Tomatoes, Avocado, Snipped Chives, Cooked Egg and Accompanied with Balsamic Vinaigrette \$13.95

LIGHTER FARE

♥ Fresh Fruit Platter

~ Slices of Fresh Fruit Featuring Melons, Pineapple, Grapes, Strawberries Accompanied with Low Fat Cottage Cheese and Club Carrot Muffin \$10.95

♥ Grilled Vegetable Wrap

~ Wrap Filled with Chilled Fresh Grilled Vegetables of Zucchini, Asparagus, Portabella, Red Onion, Crisp Leaf Lettuce and Hummus Served with a Petite Garden Salad \$8.95

♥ Scoops

~ Your Choice of Egg Salad, Chicken Salad, Tuna Salad or Low Fat Cottage Cheese Served on a Bed of Leaf Lettuce and Mesclun Greens with Sliced Tomatoes and Cucumbers. Your Choice of Bagel or Toast \$8.95

Garden Vegetable Frittata

~ Open Faced Omelette Filled With Artichokes, Tomatoes, Mushrooms with Melted Low Fat Alpine Lace Cheese with Your Choice of Toast or Bagel \$8.95

♥ These Items are Prepared with Your Heart in Mind

WHITE MANOR FAVORITES

Choice of Club Slaw, Potato Chips, French Fries, Veggie Chips, Fresh Fruit Cup or Cottage Cheese

Crab & Horseradish Cheddar Melt

~ Grilled Sourdough Bread with Fresh Lump Crab Salad, Melted Horseradish Cheddar and Thick Sliced Tomatoes \$13.95

♥ Grilled Salmon Burger

~ Teriyaki-Sesame Glaze, Fresh Sprouts on Toasted LeBus Bun \$9.95

Bacon-Honey Mustard Chicken Sandwich

~ Toasted Philly Pretzel Roll Topped with Boneless Grilled Chicken Breast, Glazed with Honey Mustard and Crisp Bacon \$8.95

♥ Greek Grilled Chicken Pita

~ Melted Low Fat Cheese, Marinated Grilled Chicken Breast, Baby Spinach, Kalamata Olives and Accompanied with a Side of Tzatziki Yogurt Sauce \$10.95

Manor Black Angus Burger

~ 8 oz. Ground Angus Burger on a Toasted Kaiser Roll with Choices of American, Swiss, Provolone or Cheddar Cheese, Onions, Bacon, Mushrooms \$7.95

Blackened Rib Eye Steak Sandwich

~ Grilled Rib Eye Steak Topped with Caramelized Onions and Melted Provolone \$13.95

Grilled Thin Crust Pizza

~ Red Bell Pepper Pesto Rubbed Thin Crust Pizza Shell, Topped with Roasted Shrimp, Tomatoes, Baby Spinach and Sharp White Cheddar Cheese \$10.95

"The Club"-House Sandwich

~ Shaved Roast Turkey Breast with Crisp Apple-wood Smoked Bacon, Leaf Lettuce, Vine Ripe Tomatoes on Your Choice of Bread \$8.95

"Make Your Own" Deli Corner

~ Build Your Custom Deli Sandwich. Your Choice of Roasted Turkey Breast, Roast Beef, Ham, Chicken Salad, Tuna Salad, Corned Beef, Swiss, American, Provolone, Cheddar Cheese on White, Wheat, Rye, Kaiser Roll or Wrap \$8.95 New Yorker Version Add \$2.00

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Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of foodborne illness.